**Level 1 Session Coach Award in Coaching Table Tennis**

Dates: 12th August & 21st October in Ballymena Academy 6th Form Centre

Time: 10am -6pm approx.

Address: 89 Galgorm Rd, Ballymena BT42 1AJ

Tutors: Amanda Mogey & Jennifer Thompson

Cost: £45

The Level 1 Session Coach Award course has been designed to give learners the tools to start their journey on the Coaching Pathway. It focuses on both the ‘How to Coach’ and ‘What to Coach’ skills of coaching. It provides learners with the necessary skills to be able to plan and deliver basic table tennis coaching activity/session.

The course has been divided up into the 3 separate elements: -

Practical – two days face to face led by a Table Tennis qualified tutor/assessor (AM/JT)

eLearning – online element for both learning and assessment

Workbook – provides the ‘How’ and ‘What’ to coach skills along with written tasks

Level 1 Session Coach consists of 2 separate days spread over approximately a 4-to-8-week period. Learners are expected to complete home study and practical coaching tasks between each day of the course.

**Day 1** (12th August 2023 in Ballymena Academy)

• How to Coach ‘Planning and Organisation, Observation and Analysis, Feedback and Reflection, Adaptability and Creativity’

• What to Coach ‘skills in a practical environment’ – basic technical elements of table tennis.

**Day 2** (21st October 2023 in Ballymena Academy)

• Delivery and Review a Coaching Session (Observed Practical Task)

• Learner Feedback and Action Plan

• Achievement of Prerequisites

**Home Study 4-8 weeks**

• Candidates will complete the online element of the course.

• UK Coaching Safeguarding and Protecting Children Workshop.

To complete your Level 1 Session Coach qualification, you must complete a Child Protection & Safeguarding workshop. Please complete your Child Protection & Safeguarding Workshop and provide evidence of this on the final day of the course. If failing to complete your Child Protection & Safeguarding Workshop before the final day you then have 1 year from the start of the course date to submit. Failing to do so will result in you paying a re-registration fee to complete your qualification.

On completion of the final day of the course and all pre-requisites are in place the course outcomes will be recommended to Coaching Ireland for the issuing of TTI Level 1 coaching certificates.

All participants should be affiliated to TTI. The course fee is £45, including all course materials. This is a reduced fee for the course which has been supported by SNI Sports Systems investment funding.

The Minimum age for this course is 16 years old.

If you wish to attend this coaching course please email Ryan Harrison, Table Tennis Ireland at [ttuparticipation@tabletennisireland.ie](mailto:ttuparticipation@tabletennisireland.ie); Entries will be accepted right up to the 11th August 2023.